

***FREE 2025 Budget Travel
Checklist & Planner***

Travel



NANCY

***Your Value-First Guide to
More Adventures, Less
Spending***

Welcome & My 2025 Travel Vision

You can experience more without draining your wallet. This planner is your secret weapon for 2025. It breaks down the entire process from smart planning to daily saving. Let's make your travel dreams come true!

- *My 2025 Travel Vision & Budget Blueprint*
 - *Where do I want to go? (Write-in space)*
 - *What kind of experiences do I crave? (Write-in space)*
 - *My Trip Budget Goal: \$_____*
 - *Monthly Savings Goal: \$_____*
 - *Trip Duration (in days): _____*

"Budget travel isn't about being cheap. It's about being smart."

Phase 1: Pre-Trip Planning & Booking (The focus here is on the big-ticket items.)

Flights & Transportation

- [] *Set up price alerts for my destination on Google Flights or Hopper.*
- [] *Check alternative airports for better deals.*
- [] *Research flight prices for off-peak/shoulder seasons.*
- [] *Book flights 3-6 months in advance for the best rates.*
- [] *Research public transport options (trains, buses) at my destination.*

Accommodation

- [] *Compare hotel, Airbnb/VRBO, and hostel prices.*
- [] *Look for places with kitchen access to save on food.*
- [] *Check for weekly/monthly discounts.*
- [] *Read recent reviews for any hidden fees or issues.*

Finances

- [] *Apply for a travel rewards credit card (no foreign transaction fees).*
- [] *Notify my bank of my travel dates to avoid card freezes.*
- [] *Set up a dedicated travel savings account.*
- [] *Research local currency and tipping customs.*

Documents & Insurance

- [] *Check passport validity (at least 6 months past return date for international trips).*
- [] *Research visa requirements for my destination.*
- [] *Purchase comprehensive travel insurance.*
- [] *Photocopy or digitize all important documents.*

Phase 2: On-the-Ground Savings (These are the daily habits that add up.)

Food & Drink

- ☐ *Locate local grocery stores/markets on arrival.*
- ☐ *Cook at least half of my meals.*
- ☐ *Seek out street food and local eateries.*
- ☐ *Carry a reusable water bottle to save on plastic bottles.*
- ☐ *Limit expensive restaurant meals.*

Activities & Entertainment

- ☐ *Identify free attractions (parks, museums on free days, walking tours).*
- ☐ *Research local events or festivals happening during my visit.*
- ☐ *Look for discount passes if visiting multiple attractions.*
- ☐ *Opt for nature-based activities (hiking, beach time).*

Money Management

- ☐ *Track daily spending with an app or a small notebook.*
- ☐ *Use a debit/credit card with no foreign transaction fees.*
- ☐ *Carry a small amount of local currency for small purchases.*

Connectivity

- ☐ *Purchase an eSIM for affordable local data (if traveling internationally).*
- ☐ *Download offline maps (Google Maps) before leaving Wi-Fi.*
- ☐ *Utilize free Wi-Fi where safe.*

Phase 3: Packing Smart, Living Light

Bags

- ☐ Choose a carry-on-friendly bag to avoid checked baggage fees.
- ☐ Pack a small daypack for daily excursions.

Clothing

- ☐ Plan outfits (mix & match, layers) to avoid overpacking.
- ☐ Roll clothes to save space.
- ☐ Use packing cubes for organization.
- ☐ Wear my bulkiest items (coat, boots) on the plane.
- ☐ Pack quick-drying fabrics.

Toiletries & First-Aid

- ☐ Use travel-sized toiletries or refillable bottles.
- ☐ Pack only essentials.
- ☐ Create a small, personal first-aid kit.

Electronics & Miscellaneous

- ☐ Phone, charger, portable power bank.
- ☐ Universal travel adapter (if international).
- ☐ Earplugs & eye mask.
- ☐ Small, lightweight combination lock.
- ☐ Reusable shopping bag.

My Trip Itinerary Planner (Template) (This page is designed for the user to print and fill out for a specific trip.)

Trip Name: _____ ***Destination(s):*** _____

Dates: From _____ to _____ ***Overall Budget:*** \$ _____

Time

Activity/Location

Estimated Cost

Notes

DAY 1

[]

[]

[]

DAY 2

[]

[]

[]

(Note: You can repeat this template for as many days as you need.)

Bonus Tips & Let's Connect!

- *Bonus Tips for the Intentional Traveler*
 - *Embrace the Unexpected: Some of the best memories are unplanned. Be open to new experiences.*
 - *Support Local: Choose local shops, restaurants, and guides. Your money directly helps the community.*
 - *Journal Your Journey: Write down your thoughts and discoveries.*
 - *"You're now equipped to travel more thoughtfully and affordably in 2025. This is just the beginning of your value-first adventures!"*
 - *"Want more insider tips and travel inspiration?"*
 - *"Follow us on Instagram: @Travelvulture"*

*Visit the Blog for Deep Dives: [TravelNancy.com](https://www.travelnancy.com)
www.travelnancy.com*